



International Women's Day

**Educational resources
March 2023**



**Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l'inclusion**

www.ccdi.ca

Educational resources on International Women’s Day

International Women's Day (IWD) is celebrated globally on March 8 to recognize the social, economic, cultural, and political achievements of women and girls, while also raising awareness of persistent inequalities.

The 2023 [IWD organization campaign theme](#) is #Embrace Equity, and the [2023 UN Women theme](#) is “DigitALL: Innovation and technology for gender equality.” The range of themes from different organizations showcase the power of equality and the breadth of women’s achievements.

Understanding the experiences of women in the workplace

Bilingual

- [Surprising stats about women in the workplace / Données étonnantes sur les femmes au travail](#), Randstad
- [The Facts about Intersectional Feminism in Canada / Le féminisme intersectionnel au Canada : les faits](#), Canadian Women’s Foundation
- [The gender gap in employment: What's holding women back? / Qu’est-ce qui pénalise les femmes face à l’emploi ?](#) International Labour Organization
- [Unmasking differences in women’s full-time employment \(PDF\) / Mise au jour des différences au chapitre de l’emploi à temps plein chez les femmes \(PDF\)](#), Statistics Canada

English only

- [How failing to consider intersectionality affects immigrant women in the workplace](#), Toronto Region Immigrant Employment Council
- [Women in the Workforce: Canada \(Quick Take\)](#), Catalyst
- [Women in the Workplace](#), McKinsey & Company

French only

- [Dans le monde du travail, les inégalités femmes-hommes ont la vie dure](#), OXFAM France
- [En moyenne, les Québécoises gagnent 200\\$ de moins par semaine que les hommes](#), Porte Monnaie

Championing women in the workplace

Bilingual

- [How to support women of colour in your workplace/ Comment soutenir les femmes racisées sur votre lieu de travail](#), Randstad

- [Women and the workplace – How employers can advance equality and diversity – Report from the Symposium on Women and the Workplace / Les femmes et le milieu de travail – Comment les employeurs peuvent faire progresser l'égalité et la diversité – Rapport du Symposium sur les femmes et le milieu de travail](#), Government of Canada

English only

- [6 ways that women can champion each other at work](#), Lean In
- [Equality and respect for all women: An intersectional approach](#), Our Watch
- [How to support women in the workplace and be an ally](#), Forbes
- [When Domestic Violence Comes to Work](#), SHRM

French only

- [Comment les employeurs peuvent-ils soutenir les femmes ambitieuses?](#) L'effet A
- [Les milieux de travail, des alliés pour lutter contre la violence conjugale](#), Le Devoir

Celebrating International Women's Day in 2023

Bilingual

- [International Women's Day / Journée internationale des femmes](#), Government of Canada

English only

- [15 Virtual Women's Day Celebration Ideas for the Office in 2023](#), Teambuilding
- [8 ways to celebrate International Women's Day with your team](#), Occupop
- [Create IWD 2023 social media cards](#), International Women's Day
- [International Women's Day: A selection of the best campaigns on social media](#), Audiense
- [IWD 2023 Resources](#), International Women's Day

French only

- [10 idées pour célébrer la Journée internationale des droits des femmes](#), Clipchamp
- [Journée Internationale des Femmes : De quoi a-t-on parlé sur les médias sociaux ?](#)
Brandwatch

Other resources



BOOKS

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

Bilingual

- Difficult Women (Roxane Gay)
- Bad Feminist / Bad féministe (Roxane Gay)
- Invisible Women / Femmes invisibles (Caroline Criado Perez)
- Shut Up: You're Pretty / Ta gueule t'es belle (Téa Mutonji)
- Sister Outsider: Essays and Speeches / Sister Outsider : Essais et propos (Audre Lorde)
- We Should All be Feminists / Nous sommes tous des féministes (Chimamanda Ngozi Adichie)

English only

- Back Talk (Danielle Lazarin)
- Canada: 150 Women (Paulina Cameron)
- Demanding Equality (Joan Sangster)
- Hiding in Plain Slight (Wendy Chan)
- Hood Feminism (Mikki Kendall)
- In Pursuit of Disobedient Women (Dionne Searcey)
- Inferior (Angela Saini)
- Lift as you Climb (Viv Groskop)
- Rad Women Worldwide (Kate Schatz)
- Rebellion's Daughter (Judi Coburn)
- Take Back the Fight (Nora Loreto)

French only

- King Kong Théorie (Virginie Despentes)
- La Cause des Femmes (Gisèle Halimi)
- La Poudre (Lauren Bastide)
- Beauté Fatale (Mona Chollet)
- Je transporte des explosifs on les appelle des mots (Jan Clausen)



FILM AND TELEVISION

Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.

Bilingual

- [Bombshell / Scandale](#) (Amazon Prime)
- [Feminists: What Were They Thinking / Les féministes: À quoi pensaient-elles?](#) (Netflix)
- [Hidden Figures / Les Figures de l'ombre](#) (YouTube, [Disney+](#), [Apple TV](#))
- [Insecure / Insecure \(FR\)](#) (Crave/HBO)
- [Knock Down the House / Cap sur le Congrès](#) (Netflix)
- [Ladies First / Un arc à plusieurs cordes](#) (Netflix)
- [Mohawk Girls / Belles, fières et mohawks](#) (CBC Gem, [APTN](#))
- [On the Basis of Sex / Une femme d'exception](#) (Youtube, [Apple TV](#))
- [Period. End of Sentence. / Les règles de notre liberté](#) (Netflix)
- [Seeing Allred / Voir la vie Allred](#) (Netflix)
- [Self Made: Madam CJ Walker / Fille de ses œuvres : D'après la vie de Madam C.J. Walker](#) (Netflix)
- [Suffragette / Les Suffragettes](#) (Amazon Prime, [Crave](#), [YouTube](#))
- [Workin' Moms / Mères au travail](#) (Netflix, [CBC Gem](#))
- [Women in Film / Les femmes cinéastes](#) (National Film Board Collection)

English only

- [The Good Fight](#) (Paramount+)
- [The Morning Show](#) (Apple TV)
- [Trapped](#) (Amazon Prime)



TED TALKS

Please note: French links are for the original Ted Talk with French subtitles and/or French transcript.

Bilingual

- [An invitation to men who want a better world for women / Appel aux hommes qui souhaitent un monde meilleur pour les femmes](#) (Elizabeth Nyamayaro)
- [Confessions of a bad feminist / Confessions d'une mauvaise féministe](#) (Roxane Gay)

- [Dangerous times call for dangerous women / Des temps dangereux nécessitent des femmes dangereuses](#) (Pat Mitchell)
- [To future generations of women, you are the roots of change / Pour les futures générations de femmes, vous êtes les racines du changement](#) (Gloria Steinem)
- [Unlock the intelligence, passion, greatness of girls / Libérer l'intelligence, la passion, la grandeur des filles](#) (Leymah Gbowee)
- [We should all be feminists / Nous devrions tous être féministes](#) (Chimamanda Ngozi Adichie)



PODCASTS

English only

- [Alright, Now What?](#)
- [Anonymous Was a Woman](#)
- [BBC's Women's Hour](#)
- [Encyclopedia Womannica](#)
- [History Becomes Her](#)
- [Let's Talk About Myths, Baby](#)
- [Sandy and Nora Talk Politics](#)
- [Secret Feminist Agenda](#)
- [Stuff Mom Never Told You](#)
- [The Guilty Feminists](#)
- [The Wing: No Man's Land](#)
- [Unladylike](#)

French only

- [La poudre](#)
- [Les couilles sur la Table](#)
- [Thé noir](#)
- [Un podcast à soi](#)
- [Une sacrée paire d'ovaires](#)



INSTAGRAM ACCOUNTS

CCDI is not responsible for the content posted by any of these accounts.

- [@17.21women](#)
- [@femalecollective](#)
- [@girlupcampaign](#)
- [@gurlstalk](#)
- [@ladiesgetpaid](#)
- [@makerswomen](#)
- [@sheshouldrun](#)
- [@woiglobal](#)
- [@womenintheworld](#)
- [@yourunlikeagirl](#)

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